



LIST OF ACTIVITIES

Please find below a list of activities that are available at Avianto for either an activity during the conference or for fun after the conference.

1. Qolf

QOLF is a Proudly South African game developed recently that is a cross between golf and croquet; the game can best be described as action golf. Played on this 6000 m2 mini 9 hole qolf course, complete with tee boxes, greens fairways and bunkers, this is no longer just a great family fun game and unique golf practice tool, it's the ultimate politically correct golf day or team build where everyone can have serious fun and there's no intimidation for those who are not golfers.

Cost: Contact your coordinator for more information & costs involved.

2. Archery

Compete against colleagues in teams. Archery is an easy activity for both men and women and as an added bonus, it is not too strenuous. This activity is ideal for a group of 20 delegates. A staff member will be available for a demonstration and will explain scoring to the Conference Team Leader.

Cost: R50.00 per person per hour

3. Volleyball

Divide your conference group into teams and start with a round robin where every delegate gets an opportunity to partake in the fun. As this is a fun activity no facilitation is required.

Cost: R50 per person

4. Boule

Small groups can enjoy a friendly game of Boule. Our staff is familiar with the game and can give you a quick run down on the rules of the game & assist you in starting the game. This game consists of tossing metal balls at a small wooden ball on a sand court, its fun & easy to play & great to watch.

No cost involved.

5. Croquet

This game is available at reception and can be played by the group without a staff member. Should you wish to have a staff member present to discuss the rules and start the game, please speak to your coordinator. This game can be enjoyed by 2 – 8 people and has some spectator value.

No cost involved.

6. Wine tasting

Any social or corporate wine tasting can be tailor-made to be as formal or informal as required. This is a perfect social gathering for a relaxed evening. Kindly contact Liesl, from Barrique Promotions & Events, to discuss your specific requirements.

Barrique Promotions & Events (Wine / Sparkling Wine Tastings)
Liesl 082 336 2582 / winefundi@absamail.co.za

7. Massage Therapists

Experience the idea of living healthy and give shape to your conferences. Throughout the world, more companies are adopting life-affirming styles. Well-being, relaxation and stress relieving techniques are the order of the day. Book a Tea time teaser for 10 minutes or allow for valuable time out with a rejuvenator package for half an hour, stress alleviation is best with a tailor made package to suit your needs. Kindly contact Woodlands direct to discuss your requirements :

Woodlands Wellness Centre
Tel : (011) 957 3269
www.healingatwoodlands.co.za

8. Picnics

Weather permitting; enjoy the simple pleasure of a picnic on the banks of the Crocodile River. Fresh air in a relaxing setting sets the tone for a conference with a difference.

Contact your coordinator for more information & costs involved.

9. Tea Breaks with a Difference

Chef Warren Forster has designed Tea Breaks with a difference. At an additional cost you can book a break that will set the tone to your Conference. Choose from our Tea Break selector.

Contact your coordinator for more information & costs involved

10. Themed Evenings

Games Evening :

For an informal evening with loads of fun book some of the board games that are available at reception. Free of charge.

Ready-steady-cook :

Your group will be divided into teams. Each team will receive a basket with supplies ranging from fresh produce, spices and some utensils for cooking. Each team will produce a main meal, best meal receives a prize.

- This activity is ideal for a group of a group of 30 Delegates and 5 people per group is ideal for the activity
- Assistance will be provided by a qualified Chef that will be on duty to supervise the event.
- Best meal will be judged by the Chef on duty
- Conference will have to provide their own prizes

Avianto will provide the Starter and the Dessert for the meal – buffet set up. Contact your coordinator for more information & costs involved!