



AVIANTO

a village made in heaven

CAFÉ CIELO MENU 2012



SALADS

AVIANTO HEALTH ~ R40.00

Fresh Garden greens with Peppadew, sautéed Cocktail Tomatoes, marinated Mozzarella, Garlic Croutons and Wholegrain Mustard dressing

GREEK ~ R40.00

Fresh Garden greens with Tomato, Cucumber, marinated Olives, Fetta Cheese, Onion rings, homemade Greek dressing

ROASTED DUCK ~ R50.00

Duck breast, caramelized pearl onions, orange segments, fresh greens, chilli honey dressing

CAESAR ~ R50.00

Romaine lettuce, caesar dressing, garlic croutons, Parmesan shavings, served with your choice of: Chicken supreme or Prawns

SANDWICHES & BURGERS

For your sandwich preference choose between White, Brown and Health Bread

AVIANTO CLUB SANDWICH ~ R60.00

*Grilled Chicken, Bacon, Beef Fillet, fried Egg served between layers of fresh bread
Served with Crisps*

FRESH OR TOASTED SANDWICH ~ R30.00

Cheese & Tomato/ Ham, Cheese & Tomato/ Chicken Mayonnaise/ Tuna Mayonnaise

AVIANTO BEEF BURGER ~ R65.00

Grilled Beef patty, Mozzarella Cheese, grilled Mushroom, Onion marmalade, fried Egg, Crisps and a fresh Garden Salad

AVIANTO CHICKEN BURGER ~ R55.00

Grilled Chicken breast, Mature Cheddar, Country style Tomato & Basil relish, Crisps and a fresh Garden Salad

BEEF PREGO ROLL ~ R65.00

Portuguese style Beef Fillet topped with Homemade Peri-Peri marinade

CHICKEN & CORN WRAP ~ R55.00

Mexican Tortilla filled with Dhukka spiced Chicken strips, marinated baby Corn, crisp, sautéed Vegetables



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LIGHT MEALS

BEEF STROGANOFF ~ R80.00

Classic Stroganoff with some Chef secrets, served with Rice Pilaf

FISH OF THE DAY ~ R80.00

Served with Ratatouille, parsley New Potato, Lemon butter

BEEF POT PIE (Allow 30 min) ~ R80.00

Beef Fillet, Mushrooms, golden Puff Pastry, served with fresh Garden Salad

BUTTERNUT LASAGNE (Allow 30 min) ~ R65.00

Slices of Butternut Squash layered with Lasagne sheet, Béchamel and Napolitano sauce

TUNA MELT (Weigh-Less) ~ R65.00

Baked Potato filled with Tuna and melted Cheese, served with fresh Garden Salad

CHICKEN STIR-FRY (Weigh-Less) ~ R65.00

Chicken Breast sautéed with Carrots, Cabbage and Onion served on a bed of Egg Noodles

FROM THE GRILL

All grills served with Vegetables of the day and a choice of: Basmati Rice, Potato Wedges, Mash Potato

BEEF SIRLOIN 200G ~ R85.00

BEEF FILLET 200G ~ R95.00

FRENCH TRIM LAMB CUTLETS ~ R95.00

CHICKEN BREAST ~ R80.00

SAUCES

WILD MUSHROOM ~ R15.00

MADAGASCAR PEPPERCORN ~ R15.00